



Transitioning from one role to whatever may be next can be challenging. So many new opportunities wait for you, but sometimes it is difficult to see and then choose which path to take. Whether you are moving to another role, considering a different career or semi/full retirement it helps to transition with grace, purpose, and aim. Could you benefit from a caring person that wants to help you build a go-forward plan that sets you up for the next success and fulfillment that is waiting for you?

Jen Reed-Lewis has been coaching leaders and change makers for over 2 decades. She is passionate about creating positive, healthy change for individuals, organizations, and communities.

INTERESTED? CONTACT JEN

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CREDENTIALS

Master of Arts: Leadership
Bachelor of Arts: Psychology
Certified Senior OD Professional
Erickson Int. Coaching Certified
Diamond Power Index Certified
Systems Coaching Training (ORSC)

MASTERING TRANSITIONS



West Coast
Approach
Consulting Inc.

PREPARING FOR NEXT...

WHY THIS PROGRAM HELPS

We do not believe you are an off-the-shelf person so why take an off-the-self program during such an especially important time. The philosophy that underpins our program is you have all the resources you need and sometimes it just helps having someone ask you the right questions to create a crystal clear vision and viable plan to achieve it. Our "coach approach" will help you reframe your transition and redirect your strengths with clarity and focused action.

HOW THIS PROGRAM WORKS

- We utilize zoom meetings to create a shareable platform to work together in a confidential, creative space.
- You pace how fast or slow we go.
- We have a coaching contract to guide our commitments to one another.

WHAT OUR PROGRAM INCLUDES

- 4 hours discovery meeting(s): info exchange/MBTI stress profile report, visioning, and goal setting/building trust
- Six, confidential, 60-90 min coaching sessions
- Summary notes supplied so you can be fully engaged
- A closure session 4-6 weeks after coaching sessions are complete to assess value, tweak plans and celebrate successes achieved.

As your transition coach you are assured

- A high degree of professionalism, integrity, and honesty.
- Commitment to your success, your way... your agenda.
- The highest ethical standards and diligent respect of your confidentiality.
- Value from our coaching relationship together

As a client you will gain higher value when you

- Bring a high degree of honesty to your coaching sessions.
- When you allow yourself to be open to new possibilities, fresh ideas, and unique ways of finding solutions.
- When you use all the resources provided, including me as your coach, to the fullest extent to get the most from your transition coaching